

STARTERS

miso soup [v] / 15 cal \$4
miso, tofu, dry seaweed, scallion.
SOY

royal edamame [v] / 240 cal \$5
steamed edamame and salt.
SOY

kano salad [v] / 45 cal \$5
spring mix, grape tomatoes, red onion, beets, sweet pea shoots, red radish and kano salad dressing.
SOY, WHEAT

rainbow seaweed salad [v] / 70 cal \$5
assorted tosaka seaweed, seasoned sea greens, carrot, cucumber, red radish and poké sauce.
SOY, WHEAT

vegetable ohitashi / 50 cal \$6
red bell pepper, carrot, burdock root, yellow bell pepper, cauliflower, snow pea shoot, sesame seeds, dashi gelee.
FISH, SOY, WHEAT

japanese root vegetable [v] / 40 cal \$7
burdock root, sugar, salt, sake, mirin, marudaizu soy sauce, dry red chili.
SOY, WHEAT

snow crab chawan mushi / 560 cal \$8
dashi, sake, light color soy sauce, egg, cocktail shrimp, snow crab, snow pea shoot.
EGG, FISH, SHELLFISH, SOY, WHEAT

autumn carpaccio* / 120 cal \$10
flake, salmon, shrimp, tuna, watermelon radish, autumn carpaccio sauce, shredded red pepper.
MILK, FISH, SHELLFISH, SOY

fire salt salmon tataki* 6 pcs / 220 cal \$11
sriracha salt crusted salmon tataki, dill, ikura, jalapeño, red onion and ponzu sauce.
FISH, SOY, WHEAT

kano sashimi* / 160 cal \$12
tuna, salmon, fluke, albacore, watermelon radish, sockeye salmon, lemon, shiso leaf, daikon.
FISH

BOWLS & BENTOS

all bowls and bentos are served with miso soup (SOY)

park poké* / 540 cal \$18
salmon, white sushi rice, yellow corn, english cucumber, avocado, shredded red pepper, green leaf lettuce, yellow onion, sesame oil, edamame nissui, poké sauce
FISH, SOY, WHEAT

BOWLS & BENTOS *continued*

korean chirashi* / 850 cal \$22
white sushi rice, avocado, cucumber, carrots, green leaf lettuce, spring mix, crab stick, grape tomato, tuna, salmon, albacore, masago, apple, scallion, tenkasu, sesame oil
EGG, FISH, SHELLFISH, SOY, WHEAT

kano chirashi* / 640 cal \$22
sashimi, white sushi rice, daikon radish, shiso leaf, edible flowers and sesame seeds.
EGG, FISH, SHELLFISH, SOY, WHEAT

kano salmon bento* / 380 cal \$22
grilled salmon, tuna and fluke sashimi, spinach ohitashi, daikon radish, shiso leaf, egg omelette, watermelon radish, spring mix, onion, beets, grape tomato, red radish, 4 pc shrimp california roll
EGG, FISH, SHELLFISH, SOY, WHEAT

kano chicken bento* / 330 cal \$22
grilled chicken, tuna and fluke sashimi, spinach ohitashi, daikon radish, shiso leaf, egg omelette, watermelon radish, spring mix, onion, beets, grape tomato, red radish, 4 pc shrimp california roll
EGG, FISH, SHELLFISH, SOY, WHEAT

SIGNATURE ROLLS

yasai futomaki 5 pcs [v] / 260 cal \$12
avocado, roasted red and yellow pepper, cucumber, shiitake ajitsuke, carrot, asparagus, basil, and ginger miso dressing.
SOY, WHEAT

the big apple 6 pcs / 380 cal \$14
snow crab meat, chili soy wrap, avocado, cucumber, asparagus, white truffle, apple, fried onion, shiso leaf, and ginger miso dressing.
EGG, SOY, WHEAT, SHELLFISH

wild child* 6 pcs / 330 cal \$15
tuna, salmon, rice paper, cilantro, asparagus, edible flowers, pine nuts, shredded beets and sweet chili and peanut sauces.
FISH, PEANUT, SOY, TREE NUTS, WHEAT

the amazing spider roll 5 pcs / 440 cal \$15
soft-shell crab, green leaf lettuce, asparagus, chili furikake and yuzu mayo.
FISH, SHELLFISH, SOY, WHEAT

venus* 8 pcs / 520 cal \$16
yuzu dusted diver scallop, cucumber, avocado, tempura flakes, scallions, BBQ and spicy mayo sauces.
SHELLFISH, SOY, WHEAT

SUSHI COMBINATIONS & A LA CARTE ON NEXT PAGE >

A LA CARTE *priced by pair*

choose nigiri / sashimi / aburi 2 pcs \$6	calories per pc nigiri / sashimi
fluke* USA FISH	45 / 15 cal
spanish mackerel* USA FISH	50 / 20 cal
atlantic salmon* Norway FISH	60 / 30 cal
sockeye salmon* USA FISH	50 / 20 cal
yellowfin tuna* Philippines FISH	45 / 15 cal
octopus* Spain SHELLFISH	50 / 20 cal
diver scallop* USA SHELLFISH	40 / 10 cal
house tamago USA EGG, FISH, SOY, WHEAT	50 / 20 cal
shrimp Vietnam SHELLFISH	50 / 20 cal

SUSHI COMBINATIONS

all sushi combinations are served with miso soup (soy)

roll combo* \$20

your choice of any 2 of our featured rolls listed below.

avocado cucumber [v]	310 cal
vegetable [v]	270 cal
shrimp california SHELLFISH	320 cal
shrimp tempura SHELLFISH, WHEAT	330 cal
snow crab california SHELLFISH	310 cal
salmon avocado* FISH	380 cal
tuna avocado* FISH	330 cal

seafood nigiri & roll combo* / 540 cal \$22

chef's choice of a 5-piece seafood nigiri, a 6-piece shrimp california roll, and an egg omelette

EGG, FISH, SHELLFISH, SOY, WHEAT

[v] = vegetarian-friendly (may contain eggs and milk) ALL CAPS = ALLERGENS

All calorie counts and allergens exclude sauces and condiments unless otherwise noted. Nutrition calculations follow federal regulations regarding the rounding of nutritional data. This information is current as of March 2017. Further written nutritional info is available upon request. 2000 calories a day is used for general nutritional advice, but calorie needs vary.

***SUSHI AND RAW SEAFOOD:** *Some varieties of our products contain raw fish. Consuming raw or undercooked fish or shellfish may increase your risk of foodborne illness, especially for the elderly, young children under age four, pregnant women, and other individuals with compromised immune systems.*

All of our products are made fresh daily and subject to store's availability.

CAUTION: *We make every effort to remove all bones from our fish. However, some items may contain tiny bones.*

SUSHI KANO

ALL DAY MENU

*Monday – Sunday
11:00 am – 10:30 pm*

WHOLE FOODS MARKET

*Bryant Park
1095 6th Ave
New York, NY 10036
917.728.5700 ext. 5003*

   @GenjiSushiBars

www.sushi-kano.com

OMAKASE*

served all day

\$40.00 / 790 cal

STARTERS

miso soup

spring mix salad

MAIN

5-piece vegetable futomaki

tuna nigiri

salmon nigiri

fluke nigiri

albacore nigiri

house tamago

burdock root

spinach goma-ae

pesto grilled sawara

DESSERT

tofu cheesecake

EGG, MILK, FISH, SOY, WHEAT, TREE NUTS

BEVERAGES

please ask a team member for nutrition/calorie info

BEER

asahi super dry 12oz / 149 cal	\$7
hitachino nest dai dai ale 330ml / 174 cal	\$9
sapporo 12oz / 140 cal	\$7

SAKE

japanese sake 4oz / cal N/A	\$8
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WATER

sparkling italian water with lemon / 0 cal	\$1
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TEA

hot green tea / 0 cal	\$3
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DESSERT

tofu cheesecake [v] / 130 cal	\$4
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tofu cheesecake, almond, syrup

MILK, SOY, TREE NUTS

buzz worthy [v] / 190 cal	\$5
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coffee gelee, almond, green tea powder, mint, cream sauce

MILK, TREE NUTS

coconut cream mochi 4 pcs [v] / 370 cal	\$6
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assortment of chocolate, mango, green tea and yuzu mochi

SOY, TREE NUTS